

MISSION  
ORLANDO

# Pray First

21 DAYS OF PRAYER

Discover God's Mission for your life.

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**FOR WITH  
GOD  
NOTHING  
SHALL BE  
IMPOSSIBLE.**

**LUKE 1:37**

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# WELCOME

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We have learned to be people of prayer. In any situation, good or bad, we try to pray before we act. Many times people act first and then look to God to get them out of that particular situation. But prayer should be our first option, not our last resort.

It is not enough to just understand our need to pray, for it to be part of our life it needs to be something we look forward to. Many people do not enjoy praying because they have most likely never learned how to do it. During these 21 Days of Prayer our goal will be to learn how to pray and I hope you can use this simple prayer guide to grow in your relationship with God. When you discover the power of prayer your life changes radically. We hope that prayer becomes a lifestyle. We are sure that you will experience the power of God.

*Julian & Lorena Gamba*

Mission Orlando Pastors



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FOR  
WHOEVER  
WANTS TO  
SAVE HIS LIFE  
**WILL LOSE IT,**

BUT WHOEVER  
LOSES HIS LIFE  
FOR **MY** SAKE  
**WILL FIND IT.**

MATHEW 16:25



# GARMENT OF PRAISE

***Pray***  
**First**

# Prayer Life

Very early in the morning, while it was still dark, Jesus got up and went out to a deserted place to pray.  
(Mark 1:35)

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## **A SET TIME**

Jesus got up very early in the morning to spend time with his Heavenly Father. If we want our prayer to work, we must do the same. Schedule a daily appointment with God and keep it.

## **A SET PLACE**

Jesus had a place of prayer. Your place of prayer should be a distraction-free environment where you can pray out loud and maybe play some worship music in the background.

## **A SET PLAN**

Start your prayer time with a plan. If it changes, that's okay. When Jesus taught his disciples to pray, he gave them a model prayer. We know it as the Lord's Prayer. This model is available, along with other tools, in this guide.

# Declaration of trust in God's protection

By Derek Prince

*Someone asked us, "How do you protect yourself when you live in the Middle East or the Balkans where people are constantly cursing each other?" While I could give many answers, there is one thing Ruth and I do every night.*

*Isaiah 54:17 ESV says, "No weapon formed against you will prevail; every tongue that accuses you will be refuted. This is the heritage of the servants of the Lord, the righteousness that is from me," declares the Lord.*

*The important declaration is "the righteousness that is from me." It is not about our own righteousness. The Lord has clothed us in the robe of his righteousness. If we were to fight Satan and the curses in our own righteousness, we would have no basis for doing so. So every night before we go to sleep, Ruth and I make this declaration. It only takes two or three minutes.*

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No weapon formed against us shall prosper, and we condemn every tongue that rises in judgment against us. This is our inheritance as servants of the Lord, and our salvation comes from you, Lord. If there are people who have spoken or prayed against us, sought our harm or to do us harm, or rejected us, we forgive them, and having forgiven them we bless them in the name of the Lord.\*

Now we declare, Lord, that you and you alone are our God, and that apart from you there is no other—a righteous God and a Savior, the Father, the Son, and the Holy Spirit—and we worship you!

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We submit to you again today in unreserved obedience. And in submitting to you, Lord, we do what your Word commands. We resist the devil: all his pressures and deceptions, every instrument or agent he wants to use against us. We do not submit! In the name of Jesus we resist him, we cast him out of our lives, and we do not accept his works. Specifically, we reject and resist: • illness • pain • infections • inflammation • ailments • allergies • viruses • all forms of witchcraft.

Lastly, Lord, we thank you that through Jesus' sacrifice on the cross, we have passed from the domain of the curse and have entered into the blessing of Abraham whom you blessed in everything:\*\* • exaltation • health • fertility • prosperity • victory • divine favor.

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# 5 Confessions of the blood of Jesus

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1. By the Blood of Jesus we are redeemed from the power of the enemy. *Ephesians 1:7 - Psalm 91.*
  2. By the Blood of Jesus all my sins have been forgiven. *Psalm 32.*
  3. By the Blood of Jesus we are redeemed from the If we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus Christ his Son cleanses us from all sin. *1 John 1:7 - Psalm 23.*
  4. By the Blood of Jesus we are justified and made righteous as though we had never failed. *Romans 5:9 - Psalm 24.*
  5. By the Blood of Jesus we are sanctified. *Hebrews 13:12.*
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# The Lord's Prayer

*"Now it came to pass, that Jesus was praying in a certain place; and when he ceased, one of his disciples said unto him, Lord, teach us to pray, as John also taught his disciples...."*

*Luke 11:1*

*"Our Father who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil; for thine is the kingdom, and the power, and the glory, for ever. Amen."*

*Matthew 6:9-13 NKJV*

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## **1. CONNECT WITH GOD RELATIONALLY**

### **"Our Father in heaven..."**

"And you did not receive a spirit of slavery to fear. Instead, you received God's Spirit when he adopted you as his own children. Now we call him 'Abba, Father.'"

(Romans 8:15 NLT)

God loves it when we call him Father. Build an intimate relationship with Him and thank God for that relationship.



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## **2. WORSHIP HIS NAME**

**"...Hallowed be your name."**

"The name of the Lord is a strong tower, the righteous run to it and are safe."

(Proverbs 18:10)

What are the Names of God?

Righteous - He makes me clean

Holy - He has called me and set me apart

Healer - He cures all my diseases

Our Banner of Victory - He has defeated my enemy

Good Shepherd - He speaks to me and guides me

Prince of Peace - He is my peace in every storm

Provider - He supplies all my needs

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## **3. PRAY FOR HIS WILL FIRST**

**"...Your Kingdom come, your will be done on earth as it is in heaven."**

"Seek God's kingdom above all else, and he will give you everything you need."

(Luke 12:31 ESV)

God's priorities:

Saving the lost

Guiding those in authority (fatherly, spiritual, natural).

- His will in us
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## **4. DEPEND ON HIM FOR EVERYTHING**

**"...Give us this day our daily bread."**

"I lift up my eyes to the mountains; does my help come from there?

My help comes from the Lord, who made heaven and earth!"

(Psalm 121:1-2 NLT)

Ask God for what you want and need and then trust Him for the answer.

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## **. SET YOUR HEART RIGHT WITH GOD AND OTHERS**

**"...Forgive us our debts as we  
forgive our debtors..."**

"But if we confess our sins to God, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness."

(1 John 1:9 ESV)

Ask God to examine your heart and motives. Receive His forgiveness in whatever area He shows you. Forgive anyone who has offended you in any way. You can even forgive those who have offended you before.

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## **6. COMMIT TO SPIRITUAL WARFARE**

**"...And lead us not into temptation, but deliver us from the evil one..."**

"For our struggle is not against human beings, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms." (Ephesians 6:12 ESV)

Take your stand against the enemy and fight the good fight of faith. Every lie the enemy has told you must be replaced with the truth of God's Word.

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## **7. EXPRESS YOUR FAITH IN GOD'S POWER**

**"...For Yours is the Kingdom and the Power and the Glory forever."**

"Ah, Lord my God! By Your great strength and Your mighty arm You have made the heavens and the earth. Nothing is too hard for You." (Jeremiah 32:17 ESV)

End your prayer time by remembering God's greatness.

Return to praise and make your declarations of faith.

"Yours is the Kingdom" - All dominion belongs to You

"Yours is the Power" - All strength comes from You

"Yours is the Glory" - Your victory will be complete

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### **PRAYER TO CONNECT WITH GOD:**

“Father, I come to You today in prayer, thankful that I am Your child. I know I am a sinner, but You have forgiven me and adopted me as Your own, and I am so grateful to call You my Father. Thank You for loving me. I love You.”

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### **PRAYER TO WORSHIP HIS NAME:**

“God, I look up to you. Your name is a strong tower, a place of protection and safety for me. I praise you as my Healer, my Shepherd and my Peace, my Provider; my Justice and my Sanctifier. Your name is great and I worship you.”

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### **PRAYER FOR YOUR WILL TO BE DONE:**

“God, I recognize that there is no better plan on earth than Yours, and I pray that Your will be done in my life (name the areas of your life where you need more of God’s presence today) and in our world. This world is lost and desperately needs You, and I pray that every person will know You as their Lord and Savior. I pray for the leaders in my life (pray specifically for parents, spiritual leaders, government leaders, employers, and any other leaders in your life), that You would show them Your will and give them supernatural wisdom and discernment as they lead. God,

I ask that Your heart for justice and unity be seen in our world; that those living in bondage be set free; that the needs of the poor and marginalized be met. Show me what my role is in seeing the realities of heaven come to earth. Make Your priorities my priorities. Help me to love who You love and to see the value in all people. Today I give my life back to You; make Your path my own. Please give me wisdom and clarity as You show me my next steps.”

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### **PRAYER TO DEPEND ON GOD:**

“Father, I recognize that everything I need today will come from You, You made the heavens and the earth. You are more than capable of handling any situation I am faced with, so I give it all to You (specifically talk to God about what is on your mind and heart right now and give it to Him). I look to You for help, for support, and for Your peace. Remind me of Your hope and power today. Thank You in advance for caring for my needs.”

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### **PRAYER TO FORGIVE AND BE FORGIVEN:**

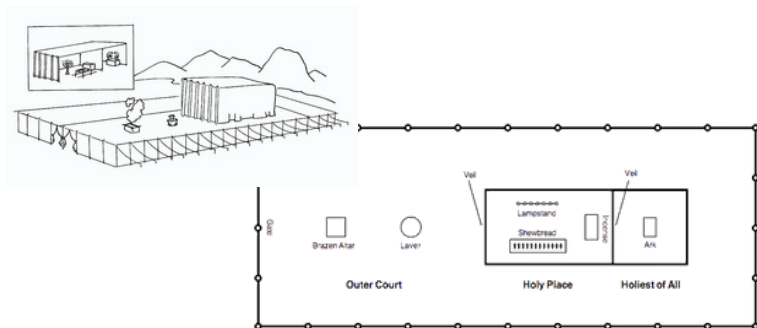
“God, thank you so much for offering me the gift of forgiveness. Show me any aspect of my life that I need to bring to You for forgiveness and healing from the Lord. I confess that I have been struggling with sin (talk to God about any area of sin in your life). And I know that You want me to be clean again. Help me to let go of things that have offended me and to recognize when I have offended others. Thank You for giving me unfailing grace. Since You have forgiven me so freely, I also want to forgive others freely. Please help me to let go of all my offenses. I release those who have hurt me, and I trust that You will handle those situations according to Your perfect will.”

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### **PRAYER FOR SPIRITUAL WARFARE:**

“God, I recognize that my struggles today are not against the people or circumstances around me, but against the enemy. Please help me to see how the enemy lies. Help me to recognize his lies, take them captive, and make all my thoughts obedient to the truth of Your Word (list the specific areas God shows you where you have believed a lie that must be replaced with His truth). While the enemy wants to destroy me, I know that You came to give me life to the fullest. I call upon the name of Jesus over my life and declare that no weapon formed against me will prosper. I do not have to fear the enemy because He who is in me is greater than he who is in the world.”

# Prayer of the **Tabernacle**



*The Tabernacle was God's dwelling place where He met with His people. Upon entering the Tabernacle, they went through seven stations as a protocol in the presence of God. Today, these same steps can help us connect with God and guide us through the fundamental elements of prayer.*

## **1. THE OUTER COURT - THANKSGIVING AND PRAISE**

"Enter his gates with thanksgiving; enter his courts with songs of praise; give him thanks, give thanks to his name." (Psalm 100:4 NIV)

When God's people entered the Tabernacle, they did so with thanksgiving, with gratitude on their lips. Thanking God for all the blessings in your life is a good way to start. Each day, think of a new reason why you love and appreciate God.

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## **2. THE BRONZE ALTAR - THE CROSS OF JESUS**

"Bless the Lord, O my soul, and forget not all his benefits. It is he who forgives all your iniquities, who heals all your diseases, who redeems your life from the pit, who crowns you with love and mercy, who satisfies your longing with goodness, so that you may be renewed like the eagle's." (Psalm 103:2-5 ESV)

In the Old Testament, anyone who committed any sin had to bring an animal sacrifice. Jesus paid the price for all our sins in full. You simply need to receive the benefits of the sacrifice Jesus made for you.

Salvation - God forgives all my sins

Healing - God heals all my illnesses

Redemption - God protects me from all attacks

Transformation - God places his love on me

Provision - God provides all my needs

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## **3. THE WASHING - PURIFICATION AND PREPARATION**

"Do not imitate the ways and customs of this world, but be transformed by the changing of your minds. Then you will learn to know God's will for you, which is good and pleasing and perfect." (Romans 12:1 ESV)

The next step in the Tabernacle was a basin of water where people could wash. Examining our hearts and motives and giving our lives to God is an important part of daily prayer. Here are some ways to keep your heart right with God.

Repent of any sin committed.

Offer your body to God.

Your tongue - to speak good and not evil  
Your eyes - to see God and the needs of others  
Your ears - to be sensitive to His voice  
Your hands - to do good to others  
Your feet - to walk in God's ways  
Offer your mind to God (Philippians 4:8; Romans 12:2)  
Ask God to give you the fruits of the Spirit (Galatians 5:22-23)

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#### **4. THE CANDELABRA - THE HOLY SPIRIT**

"The Spirit of the Lord will rest on him: the Spirit of wisdom and understanding, the Spirit of counsel and power, the Spirit of knowledge and the fear of the Lord." (Isaiah 11:2 NIV)

The next element of the Tabernacle was a seven-branched golden lampstand. Fire represents the Holy Spirit. Every day you must invite the presence of the Holy Spirit into your life.

The Spirit of the Lord  
The Spirit of Wisdom  
The Spirit of Understanding  
The Spirit of Counsel  
The Spirit of Power  
The Spirit of Knowledge  
The Fear of the Lord

"You must also ask God for spiritual gifts."  
(1 Corinthians 12:8-10)

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#### **5. THE TABLE OF SHOWBREAD - THE WORD OF GOD**

"This Book of the Law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it; for then you will make your way prosperous, and then you will have success." (Joshua 1:8)

The table with twelve loaves of bread represents the importance of reading God's Word to obtain daily sustenance. With this in mind, these are the ways to feed your soul:

Read God's Word.  
Remember His great promises.  
Ask for fresh revelation from the Word.  
Take time to read and meditate on the Word.  
Get a daily Word.

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## **6. THE ALTAR OF INCENSE - WORSHIP**

"The name of the LORD is a strong tower; the righteous run to it and are safe." (Proverbs 18:10 ESV).

A small altar of burning incense stood at the entrance to the Most Holy Place, where God's presence dwelt. This altar represents worship. God's people freely entered into God's presence by worshiping His Name, including:

God is my righteousness - Jeremiah 23:6

God is my savior - Leviticus 20:7-8

God is my healer - Exodus 15:26

God is my provider - Genesis 22:14

God is my banner of victory - Exodus 17:15

God is my peace - Judges 6:24

God is my Shepherd - Psalm 23:1

God is always there - Ezekiel 48:35

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## **7. THE ARK OF THE COVENANT - INTERCESSION**

"I urge, then, first of all, that supplications, prayers, intercession and thanksgiving be made for everyone, <sup>2</sup> especially for rulers and all those in authority, that we may have peace and quiet and lead godly and dignified lives. <sup>3</sup> This is good and pleasing to God our Savior, <sup>4</sup> for he wants everyone to be saved and to come to a knowledge of the truth." (1 Timothy 2:1-4 NIV).



The last place in the Tabernacle was the place where God's presence dwelt. It was there that the priest interceded for the people. In the New Testament, all of you and I are called priests and commanded to intercede for others.

Those in authority - spiritual, civil, family, and work

My family

My church - pastor, small groups (go groups), members, and the mission.

My city, nation, and world

My needs

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## **PRAYER THE OUTER ATRIUM - THANKSGIVING:**

"Father God, you are good, and you deserve all my praise and more. Thank you for the many ways you bless me and for taking care of me (tell Him specifically things in Your life for which you are grateful.

Give thanks to Him for what is to come). I want to experience your presence and your love in a fresh way today, Jesus. I thank Your mercies because they are new every day. I thank you for who you are and everything you have done for me."

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## **BRONZE ALTAR PRAYER - THE CROSS OF JESUS:**

"Thank you, God, for opening a path for me through Your Son. Jesus, thank you for the sacrifice you made for me on the cross. You saved me and freed me. I praise you for being my healer. You have power over all diseases and damages in my life (list the specific areas where you need to experience the healing power of God). Thank you for being my Redeemer. You rescue me and give the purpose of my life. Thank you for transforming my life with Your love, for making me new. I want to grow to be more like You (give access to every area of your life). Thank you for blessing me. I know you have good plans for me and everything I have comes from you (thank the Lord for a specific blessing in your life)".

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## **LAVATORIO PRAYER - PURIFICATION AND PREPARATION:**

"God, I confess my sins to you and I stay away from them (Tell God any sin that you know is in your life and confess it to Him with a sincere heart. Ask him to show you other areas that need to be cleaned). Thank you God, for freely forgiving me. When I move away from my sin, I turn to you, and I give myself to You:

I give you my tongue, to speak well and not evil

I give you my eyes, to see God and the needs of

Others

I give you my ears, to be sensitive to your voice

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I give you my hands, to be good with others

I give you my feet, to walk in the ways of God

I give you my mind, so that you can transform it and use it

I ask you, Lord, for the fruit of the Spirit found in Galatians 5:22-23, so that I can grow closer to you and make a difference in the lives of others. I ask for: love, joy, peace, patience, kindness, kindness, faith, meekness, self-control."

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### **PRAYER TABLE OF BREADS - THE WORD OF GOD:**

"Thank you, God, for giving me Your Word. I promise to read it, and I ask you to reveal yourself to me through Your Word. I want to know more about you. Help me grow more in love with Your Word and be more dependent on it. I proclaim the promises you have for me, and meditate on the truth of Your Word (Pray Scriptures that are in your heart or that God has given you in your current season). Give me a fresh revelation of Your Word today and every day! Help me put it into practice so that I can be Your ambassador of love, justice and righteousness in the world."

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### **PRAYER THE ALTAR OF INCENSE - WORSHIP:**

"Thank you, God, for your presence. I know you're here with me. I adore you and only you God knows you are:

My Righteousness - Jeremiah 23:6

My Sanctifier - Leviticus 20:7-8

My Healer - Exodus 15:26

My Provider - Genesis 22:14

My Banner of Victory - Exodus 17:15

My Peace - Judges 6:24

My Shepherd - Psalm 23:1

## **PRAYER THE ARK OF THE COVENANT - INTERCESSION:**

"Thank you, God, for creating a path through Jesus to have Your presence wherever I go. I specifically want to ask you to watch those in authority over me - my spiritual leaders, the leaders of our government, the leaders in my family and my employers (wry for these people by their name). Give them wisdom and grace, take care of them and protect them and help them get to know you and love you more. I also ask you to take care of the marginalized of my nation and my community. Our world is desperate for justice and reconciliation. Please attend to the needs of the poor, the widowed, the weak and those who suffer injustice (pray specifically for the people you know need help, defense and intervention). Show me how I can be Your hands and feet for those who are suffering.

I ask for Your presence God, with my family. Bless them and take them away from all evil (ray for any specific need in your family right now). For those in my family who do not know You, please find them wherever they are and guide their hearts towards You. I ask you for protection over my church, God. Give my pastor wisdom and vision, bless the small groups (go groups) and all those who set foot in our church. I pray that you bring lost souls to our church, and that they have a great experience by meeting you. Keep our vision focused on who You are and so that we move towards Your goals.

I ask you to watch my city, my nation and our world. I pray for justice and equality for all and I ask you to bring peace (name the areas that you feel are a burden to your city, nation and the world). I pray for those who cross my path so that they see Your light in me. I raise my friends, neighbors and co-workers. I thank you for them and pray for blessing towards them (or for specific needs of others). I also pray for my adversaries, as the Bible teaches. Allow me to be a bridge through which You can bring unity and reconciliation.

Finally, God, I ask you to provide my needs I know that you are my provider, and that you care about me, I elevate my physique, my emotions, and spiritual needs towards You (share the needs of your mind at this time). I put my worries at Your feet. Thank you for loving me, choosing me and calling me Yours. Amen."

# Prayer and Bible Study

*This is a great prayer scheme combined with reading the Word of God. Just follow the outline while looking for the biblical passages.*

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## 1. THANKSGIVING AND PRAISE

PRESENT YOURSELF TO GOD (MARK 12:30)

Think of a new reason to thank him (Psalm 100:4, 118:24)

Present your body in worship (Romans 12:1; Psalm 63:3-4) to:

Prostrating yourself before Him as your Lord

Raising your hands towards Him as your provider

Standing in praise before Him as your King

Applauding with joy

Dancing with joy like a child

Tilting your head with humility

Sing a new song for Him (Psalm 96:1-2; Colossians 3:16)

Invites the Holy Spirit to participate in the praise (Judas 20; 1 Corinthians 14:15)

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## 2. CONFESSION AND FORGIVENESS

PRESENT YOUR HEART TO GOD (PROVERBS 4:23)

Ask God to examine your heart (Psalm 139:23-24) to:

Sin - Receive forgiveness and justification

Selfishness - Receive holiness and sanctification

Stress - Receiving life and power

Disease - Receiving health and strength

Remember the danger of self-deception (Jeremiah 17:9; 1 John 1:6-10).

Put a brake on your mouth and your heart (Psalm 19:14, 49:3).

Ask God to help you keep your purposes and goals always present (Psalm 90:12; Philippians 3:13-14).

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### **3. ORDER AND OBEDIENCE**

#### **PRESENT YOUR DAY TO GOD (PSALM 37:5)**

Present everything you are going to do during the day (Psalm 37:4-5, 31:14-15;

Deuteronomy 33:25):

Choose the fear of the Lord.

Entrust your works to God.

Express your dependence on God (Proverbs 3:5-7; Psalm 131:1-3)

Ask for a specific direction when it comes to acting and making decisions (Psalm 25:4-5; Isaiah 30:21)

He decides to obey God's specific instructions (Matthew 6:11, 7:7-8).

In the Word of God

By choosing to do His will

# War Prayers



**Prayer is not only communion with God; it is confrontation with the enemy. These prayers are very useful for spiritual warfare.**

*"Put on all of God's armor so that you can face the devil's tricks. For our struggle is not against human beings, but against powers, against authorities, against powers that dominate this world of darkness, against evil spiritual forces in the heavenly regions. Therefore, put on all the armor of God, so that when the bad day comes you can resist until the end with firmness. Stand firm, buckled with the belt of the word, protected by the armor of justice, and shod with the disposition to proclaim the gospel of peace. In addition to all this, take the shield of faith, with which you can extinguish all the burning arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God. Pray in the Spirit at all times, with requests and supplications. Stay alert and persevere in prayer for all the saints."*

**(Ephesians 6:11-18 NIV)**

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## **GOD'S ARMOR**

(Based on Ephesians 6:13-17)

"Thank you, Lord, for my salvation. I receive it in a new and fresh way from You and I declare that nothing can separate me from the love of Christ and from the position I have in Your kingdom. I dress today with Your justice to combat all condemnation and corruption. Cover me with Your holiness and purity, defend me from all attacks against my heart. Lord, I put on the belt of truth. I choose an honest and sincere lifestyle. Bring to light the lies I have believed and teach me the truths I need today. I decide to live for the Gospel at every moment. Tell me where you are working and guide me to it. Give me the strength to walk with you daily. I believe that You have the power to defeat all lies and attacks by the enemy. You have something good in store for me. Nothing can beat me today because You are with me. Holy Spirit, help me understand the truths of the Word of God that I will need to counter the enemy's tricks. Remind me of those promises today. And finally, Holy Spirit, I pledge to walk in harmony with you in all aspects of my life, as my spirit enters into communion with you in prayer throughout the day."

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## **THE WEAPONS OF WAR**

(Based on 2 Corinthians 10:4-5)

"Father, your word says that no weapon forged against me will prosper (Isaiah 54:17).

Therefore, I declare that no weapon created against me will prosper on this day or in the days to come, in the name of Jesus. Your Word says that no difficulty will be raised for the second time (Nahum 1:9).

Therefore, I declare that Satan cannot cause any trouble against me again, in the same way he did in the past, in the name of Jesus. I declare that all these prayers are fulfilled and carried out through faith and trust in the name of Jesus.



Lord Jesus, I confess to you all my sins on this day, yesterday and all my past days. I repent and renounce them, those I know and those we do not know, those of omission and those I have committed responsibly, for what I have done or have failed to do. I put at your feet all the sins of the flesh, the tongue and the heart, and all the ungodly thoughts and deeds. Thank you, Lord, for shedding your precious blood for me.

I cling to Your Word. The enemy comes out of me, above me, around me, and below me; from my home, from my work, from my church and from its ministries, from my children and from my loved ones, from my works and works, from the earth and from my presence. I declare that he will not be able to against me, and that his works have been taken captive and destroyed. No weapon forged against me will prosper, because the Spirit of God will raise a banner against them. I declare that all these things are fulfilled by your Word. Jesus, my Lord, I give you thanks, I praise you, I glorify you, I give you honor and worship for your justice and holiness that you have given me for Your Word in my favor."

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## **PRAYER OF PROTECTION**

(Based on 2 Corinthians 6:14-7:1, 10:3-5; Romans 12:1-2)

"The Heavenly Father, I prostrate myself as a sign of reverence and worship to You. I cover myself with the blood of Christ Jesus as my protection. I give my life completely and without reservations to You. I submit only to the only living and true God and reject any influence of the enemy in my life. Transform my thoughts by renewing my mind. I destroy every thought that rises against the knowledge of Christ. I ask you to give me a healthy mind, with the mentality of Christ, and I thank you for that. I ask you today to protect my husband, each of my children, every member of my close family, my distant relatives, my friends, my acquaintances and myself. I also ask you today to protect us during all our tours; as well as for our provision, our finances, our possessions, health, safety and well-being. I put all these things under the cover of your precious blood and declare that Satan cannot touch them, neither on this day nor on any other."

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## **PRAYER OF PERSONAL CONFESSION**

**(based on Romans 10:10; James 5:16; 1 John 1:7-9, 3:8)**

“Lord Jesus, I believe that You are the Son of God. You are the Messiah, who came in the form of a man, to destroy the works of the devil. You died on the cross for my sins and rose again on the third day from the dead. Today I confess all my sins and repent. I receive your forgiveness and ask you to cleanse me. Thank you for rescuing me, cleansing me, justifying me and sanctifying me in your blood”.

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## **PRAYER FOR FORGIVENESS**

**(based on Matthew 6:14-15; Leviticus 19:18)**

“Lord, I come before you today to confess. I have not known how to love my neighbor, I have had a grudge against certain people and have not forgiven them in my heart. I ask you Lord, help me to forgive them. From now on, I decide to forgive (Give their names). I also forgive and accept myself in the name of Jesus Christ”.

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## **PRAYER FOR PRIDE**

**(based on Proverbs 11:2, 16:18, 26:12; 1 Timothy 3:6)**

“Father, I come to you in the name of the Lord Jesus Christ. I know that pride is an abomination to you. Today I renounce anything that causes me to have pride in my heart when I deal with other people. I renounce these and turn away from them. I humble myself before you, as a child would.

Study Proverbs 6:16-19 and remember that fasting is a means by which a person humbles themselves before the Lord.

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**PRAYER BREAKING GENERATIONAL CURSES**  
**(based on Exodus 20:4-6, 34:7; Numbers 14:18)**

“In the name of the Lord Jesus Christ, I renounce, break and release myself from any generational bondage or curse of physical or mental illness upon myself, my family or family line as a result of my parents or ancestors. I thank You, Lord, for setting me free.

# Prayer of Jabez

*"Jabez cried out to the God of Israel, 'Oh, that you would bless me and enlarge my territory! Let your hand be with me, and keep me from harm so that I will be free from pain.' And God granted his request."*

(1 Chronicles 4:10 NIV)

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## 1. BLESSING

Jabez begins his prayer by asking God for His blessing. We need God's blessing to be better equipped to make a difference for His kingdom. We need more provision, more spiritual gifts, more wisdom and greater understanding to be able to bless others with what God has given us.

### **Prayer:**

"Father God, I ask that you bless me so that I may bless others. I pray for more provision, and please equip me to give generously to others. I ask that You give me more spiritual gifts so that I may strengthen the Church more effectively for the Kingdom of God. I pray for abundant wisdom and discernment so that I may lead others to You and make decisions that honor You. I ask that You help me to grow in understanding of Your truth and heart for people so that I may do my part in bringing Your kingdom to earth. Help me to have Your blessings in good perspective, so that I do not become focused only on myself but that I may serve others through what You give me."

## **2. INFLUENCE**

The next thing Jabez did was to ask for more influence. When we grow in God's blessings in our lives, we grow in the opportunity to influence the world around us. God has the power to bless us greatly, and He also has the power to open doors of opportunity for us to make a difference.

"Oh, that you would bless me and enlarge my territory! " (1 Chronicles 4:10)

### **Prayer:**

"Lord make me more effective in my sphere of influence, and open doors so that I can impact and reach more people for Your glory. Give me a heart that makes a difference in people's lives. Help me to be a good steward of the responsibility You gave me. I pray for a greater territory for Your glory."

## **3. PRESENCE**

To have lasting inference, we need God's presence in our lives. Through His power in us, God can do far more than we can ask or imagine. (Ephesians 3:20) As we ask for more blessing and more influence, we need to ask for more presence as Jabez did so that we do not operate from our own strength but through the presence of the mighty God.

"Let your hand be with me"

1 Chronicles 4:10

### **Prayer:**

"Lord I know that without you I am nothing. I cannot do what You have called me to do on my own. I am desperate for Your presence in my life. I depend on You completely. I recognize that the same Spirit that raised Jesus from the dead lives in me. Through the power of Your Spirit, I pray that I will succeed in the opportunities You give me. Thank You for being with me. I do not want to face the world without You."

#### **4. PROTECTION**

Finally, Jabez asks God to protect him. If we are influencing the world for Jesus, we must understand that the enemy will try to stop us. This leads us to pray that God will not only help us in case the enemy attacks us, but that He will protect us from the enemy attacking us in the first place. Jesus has already won the victory, we do not need to fear destruction. God promises that He will be with us and protect us, and if He is with us, we have nothing to fear.

"keep me from harm so that I will be free from pain" (1 Chronicles 4:10)

#### **Prayer:**

"Lord, as I walk towards the purpose you have towards my life, I pray that you will stop every attack of the enemy towards me. Please protect my body, my mind, and my emotions. Do not let the enemy put brakes on my life, I also pray that you will protect my family and my community from evil. I know that greater is he who is in me than he who is in the world. I have nothing to fear. Thank you for watching over me. I love you and trust in you."

# Personal Objectives In Prayer

*"First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all people, for kings and all who are in high positions, that we may lead a peaceful and quiet life, godly and dignified in every way. This is good, and it is pleasing in the sight of God our Savior, who desires all people to be saved and to come to the knowledge of the truth."  
(1 Timothy 2:1-4 ESV)*

Pray on behalf of those in authority and those who are under your authority.

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## MY FAMILY

Spouse

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Children

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Parents

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Siblings

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Close Family

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**MY CHURCH**

Pastors

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Team Leaders

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Church Members

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**LIFE**

Boss

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Coworkers

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Employees

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Teachers/Professors

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**MY GOVERNMENT**

President

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National Leaders

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State Leaders

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Municipal Leaders

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**THOSE WHOM I INFLUENCE**

Close Friends

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[illegible]

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## **1. PRAY FOR THE FATHER TO DRAW THEM TO JESUS**

*"No one can come to me unless the Father who sent me draws them, and I will raise them up at the last day." (John 6:44 NIV).*

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## **2. BIND THE SPIRIT THAT BLINDS THEIR MINDS**

*"The god of this age has blinded the minds of unbelievers, so that they cannot see the light of the gospel that displays the glory of Christ, who is the image of God." (2 corinthians 4:4 NIV).*

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## **3. UNLEASHES THE SPIRIT OF ADOPTION (OF FILIALITY)**

*"The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by him we cry, "Abba, Father." (Romans 8:15 NIV).*

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## **4. PRAY THAT OTHER BELIEVERS WILL CROSS YOUR PATH SO THAT YOU CAN ENTER INTO CONSTRUCTIVE RELATIONSHIPS WITH THEM**

*"Pídanle, por tanto, al Señor de la cosecha que envíe obreros a su campo" (Mateo 9:38 NIV)*

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## **5. UNLEASH THE SPIRIT OF WISDOM AND REVELATION UPON THEM SO THAT THEY MAY KNOW GOD BETTER**

*"keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better." (Ephesians 1:17 NIV)*

## MY NEEDS

### Prayer Request

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

# MY PRAYER JOURNAL

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“

FOR  
NO WORD  
FROM  
GOD  
WILL EVER  
FAIL. ”

LUKE 1:37





**Discover God's**  
**mission**  
**for you.**

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